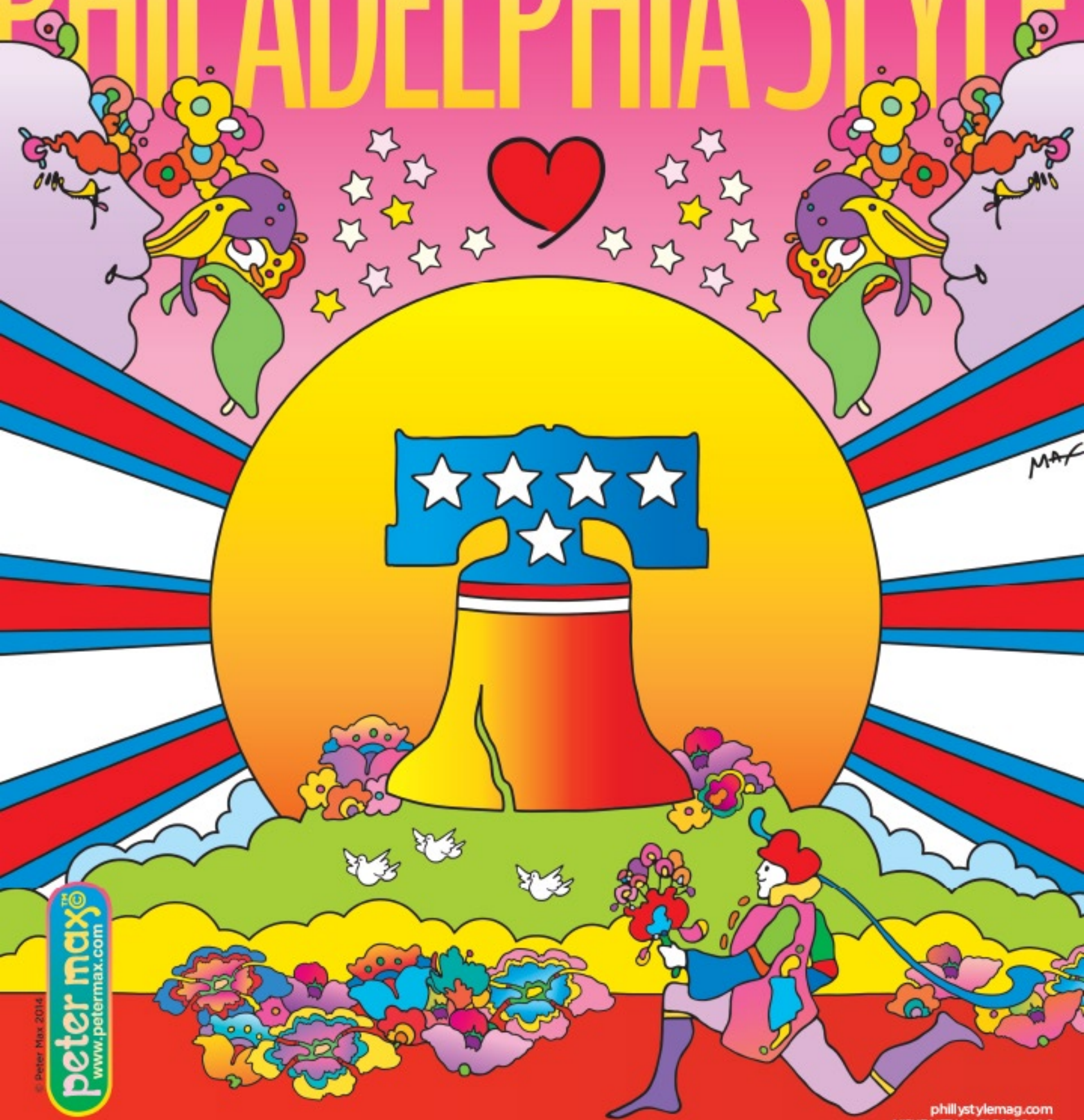


# PHILADELPHIA STYLE



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# DO THE BODY GOOD

Philadelphia's top colorists, yoga instructors, juicing companies, and facialists—to name just a few of the boutique fitness and beauty experiences now available in Philly—fill the contact lists of the city's fittest residents.

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## Cutting-Edge Haircuts

**ADOLF BIECKER SPA/SALON** (1605 Sansom St.; [adolfbiecker.com](http://adolfbiecker.com)) Every haircut comes with a consultation and stress-relieving treatment.

**BLUE HAIR STUDIO** (2550 Huntingdon Pike, Huntingdon Valley; [bluehairstudio.com](http://bluehairstudio.com)) A consultation is done before any styling service.

**GIOVANNI & PILEGGI** (308 S. 12 St.; [giovannipileggi.com](http://giovannipileggi.com)) Its new home in Midtown Village brings summer specials and a Keratherapy line.

**MARTINO CARTIER SALON** (1902 Rte. 70 East, Cherry Hill; [martinocartier.com](http://martinocartier.com)) Dry-cut techniques are used for perfect precision.

**OGGI SALON & SPA** (1700 Locust St.; [oggi salon andspa.com](http://oggi salon andspa.com)) Let Henry Whitecomb give you a brand-new hairstyle for a night on the town.

**SALON ROYALE COURT** (215 S. Broad St., Ste. 202; [salonroyalecourt.com](http://salonroyalecourt.com)) Co-owner Michael McVey creates unique color transformations.

**SALON VANITY** (1701 Walnut St., Third Floor; [salonvanity.com](http://salonvanity.com)) Innovator Edmondo Blando is the

over after she styles an expertly crafted haircut.

**JOSEPH ANTHONY RETREAT SPA AND SALON** (243 W. Baltimore Pike, Glen Mills; [josephanthony.com](http://josephanthony.com)) Opt for the Oriental Summertime Rasul Therapy.

**MASSAGE BELLA VISTA/MASSAGE FAIRMOUNT AVE.** (750 Fitzwater St.; 2021 Fairmount Ave.; [massagebellavista.com](http://massagebellavista.com), [massagefairmountave.com](http://massagefairmountave.com)) Release muscle tension with the Thai Massage.

**RESCUE SPA** (1601 Walnut St.; [rescue spa.com](http://rescue spa.com))

Blow-out salon, brow room, and makeup boutique.

**RICHEL D'AMBRA SPA & SALON** (The Ritz-Carlton, 10 Avenue of the Arts; [richeldambra.com](http://richeldambra.com)) The Ultimate Islander includes a Fijian foot massage.

## Break a Sweat

**FLYWHEEL** (1521 Locust St.; [philadelphia.flywheel sports.com](http://philadelphia.flywheel sports.com)) Indoor cycling class set to energizing DJ-created playlists.

**PURE BARRE** (1701 Walnut St., No. 4; [purebarre.com/pa-philadelphia](http://purebarre.com/pa-philadelphia)) Get a full-body workout in just 55 minutes using a ballet barre.

**EASTERN COSMETIC SURGERY INSTITUTE** (2 Bala Plaza, Ste. PL-15, Bala Cynwyd; [drgrecoface.com](http://drgrecoface.com)) Dr. Timothy M. Greco treats sun spots, broken capillaries, and more.

**THE LASER TECHS MED SPA** (834 South St.; [thelasertechs.com](http://thelasertechs.com)) Fade sun spots and even out skin tone with the eMax Advanced Skin Rejuvenation.

**PENN PLASTIC SURGERY** (multiple locations; [pennmedicine.org/plasticsurgery](http://pennmedicine.org/plasticsurgery)) Laser 360 combines three lasers at once.

**RUMER COSMETIC SURGERY** (105 Ardmore Ave., Ardmore; [rumercosmetics.com](http://rumercosmetics.com)) The Ardmore spot specializes in minimally invasive procedures.

## Glowing Highlights

**LOTUS SALON** (36 NJ 70, No. 212, Marlton, NJ; [lotussalonnj.com](http://lotussalonnj.com)) Salon co-owner Nicholas Clark specializes in hair coloring.

**PLATINUM HAIR DESIGN** (1334 Brace Road, Cherry Hill; [platinumhairdesignsalon.com](http://platinumhairdesignsalon.com)) Skilled in every coloring technique, stylists ensure a rich, shiny look.

**SALON NORMANDEE** (2550 Grant Ave., Ste. 100; [salonnormandee.com](http://salonnormandee.com)) Color that helps your hair look thicker and healthier.

**SIGNACURL** (116 S. 19th St.; [signacurl.com](http://signacurl.com)) Joseph Lentini will brighten your locks for summer.

## Fresh Facials

**CALISTA GRAND** (1211 Wilmington Pike, West Chester; [calistagrandsalon.com](http://calistagrandsalon.com)) Level 101 Fundamental Treatment makes for a fresher face.

**COLE WELLNESS SPA** (101 N. Wayne Ave.; [colewellnessspa.com](http://colewellnessspa.com)) The "A-La-Cole" facial services include a vitamin C mask and LED light therapy.

**ELIZABETH ARDEN RED DOOR SPA** (Harrati's Resort, 777 Harrati's Blvd., Atlantic City; [reddoor spas.com](http://reddoor spas.com)) Try the Advanced Brightening Facial.